

11^e Metje Zitteloop

afstand : 6900,000 km

24 augustus 2019

| Pl. | nr | Naam | Gemeente | M/V | Cat. | Tijd | Snelheid |
|-----|-----|----------------------|----------------|-----|-------|----------|------------|
| 1 | 857 | Stieperaere Davy | Wevelgem | M | sen | 22:25,97 | 18,46 km/u |
| 2 | 892 | Callewaert Cedric | Poelkapelle | m | sen | 22:50,42 | 18,13 km/u |
| 3 | 809 | Brybaert Kevin | Vleteren | M | sen | 23:18,14 | 17,77 km/u |
| 4 | 841 | Moeyaert Joris | Langemark | M | sen | 23:30,47 | 17,61 km/u |
| 5 | 889 | Decoster Frederic | Ieper | m | sen | 23:55,44 | 17,30 km/u |
| 6 | 866 | Willemyns Tom | Madonna | M | Vet 1 | 24:49,16 | 16,68 km/u |
| 7 | 865 | Verstraete Didier | Langemark | M | Vet 2 | 25:02,51 | 16,53 km/u |
| 8 | 875 | Fieuw Christoph | Poelkapelle | m | Vet 1 | 25:33,16 | 16,20 km/u |
| 9 | 860 | Vandenbroucke Christ | Moorsele | M | Vet 1 | 25:43,77 | 16,09 km/u |
| 10 | 896 | Kerremans Maxim | Oostnieuwkerke | m | sen | 25:55,00 | 15,97 km/u |
| 11 | 842 | Bonte Stijn | Madonna | M | sen | 25:59,88 | 15,92 km/u |
| 12 | 881 | Brybaert Glenn | West vleteren | m | sen | 26:14,98 | 15,77 km/u |
| 13 | 815 | Kerkhof Stefaan | Kortemark | M | Vet 2 | 26:19,55 | 15,73 km/u |
| 14 | 869 | Guillemyn Henk | Roeselare | m | Vet 2 | 26:37,41 | 15,55 km/u |
| 15 | 833 | Decoene Henk | Poperinge | M | Vet 2 | 26:39,87 | 15,53 km/u |
| 16 | 910 | Geldhof Ilse | Boezinge | v | D 3 | 26:48,73 | 15,44 km/u |
| 17 | 905 | Ghekiere Jonas | Boezinge | m | sen | 26:58,53 | 15,35 km/u |
| 18 | 823 | Seys Robbe | Langemark | M | jun | 27:01,83 | 15,32 km/u |
| 19 | 817 | Verbeke Pieter | Poperinge | M | sen | 27:03,98 | 15,30 km/u |
| 20 | 853 | Deruddere Lies | Wevelgem | V | D 1 | 27:13,23 | 15,21 km/u |
| 21 | 893 | Michiels Johan | Middelkerke | m | Vet 2 | 27:15,89 | 15,18 km/u |
| 22 | 880 | Gregoire Jason | Zonnebeke | m | sen | 27:21,17 | 15,14 km/u |
| 23 | 895 | Kerremans Axel | Oostnieuwkerke | m | sen | 27:25,01 | 15,10 km/u |
| 24 | 907 | Sjoen Jorgen | Langemark | m | Vet 1 | 27:50,16 | 14,87 km/u |
| 25 | 883 | Porreye Pascal | Oostvleteren | m | Vet 2 | 27:56,03 | 14,82 km/u |
| 26 | 878 | Voet Julie | Boezinge | v | D 1 | 28:05,66 | 14,72 km/u |
| 27 | 819 | Gruwier Ignace | Poelkapelle | M | Vet 2 | 28:06,97 | 14,72 km/u |
| 28 | 877 | Voet Bjorn | Boezinge | m | Vet 1 | 28:09,61 | 14,70 km/u |
| 29 | 900 | Vanacker Mario | Poelkapelle | m | Vet 1 | 28:26,78 | 14,55 km/u |
| 30 | 825 | Pattyn Davy | Roeselare | M | Vet 1 | 28:29,05 | 14,53 km/u |
| 31 | 903 | Busschaert Joeri | Poelkapelle | m | Vet 1 | 28:30,86 | 14,52 km/u |
| 32 | 917 | Verplanken Thijs | Ieper | m | jun | 28:34,34 | 14,49 km/u |
| 33 | 876 | Dekck Hendrik | Langemark | m | Vet 1 | 28:56,26 | 14,31 km/u |
| 34 | 911 | Neiryndck Pieter | Ardoorie | m | Vet 1 | 28:58,44 | 14,29 km/u |
| 35 | 813 | Dequecker Marc | Poperinge | M | Vet 2 | 29:05,06 | 14,23 km/u |
| 36 | 912 | Serryn Anthony | Langemark | m | Vet 2 | 29:21,86 | 14,10 km/u |
| 37 | 871 | Depoorter Wim | Handzame | m | Vet 1 | 29:43,61 | 13,93 km/u |
| 38 | 916 | Verplanken Dries | Ieper | m | Vet 1 | 29:59,98 | 13,80 km/u |

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| 39 | 861 | Vanpoucke Jan | Moorslede | M | Vet 2 | 30:02,05 | 13,78 km/u |
| 40 | 802 | Soenen Brecht | Oostnieuwkerke | M | sen | 30:07,16 | 13,75 km/u |
| 41 | 852 | Depoortere Ruben | Roeselare | M | sen | 30:08,13 | 13,74 km/u |
| 42 | 864 | Verstraete Thijs | Langemark | M | sen | 30:14,42 | 13,69 km/u |
| 43 | 827 | Ovyn Peter | Passendale | M | Vet 1 | 30:15,23 | 13,68 km/u |
| 44 | 913 | Suply Jelle | Veurne | m | sen | 30:16,13 | 13,68 km/u |
| 45 | 844 | Lepla Luc | Langemark | M | Vet 2 | 30:22,91 | 13,63 km/u |
| 46 | 868 | Peperstraete Andy | Westrozebeke | m | sen | 30:33,02 | 13,55 km/u |
| 47 | 879 | Vanderjeugt Wim | Boezinge | m | Vet 1 | 30:39,69 | 13,50 km/u |
| 48 | 814 | Vannevel Danny | Zonnebeke | M | Vet 2 | 30:40,16 | 13,50 km/u |
| 49 | 901 | Vannevel Michiel | Gent | m | sen | 30:48,69 | 13,44 km/u |
| 50 | 867 | Lagier Davy | Ieper | M | sen | 31:23,03 | 13,19 km/u |
| 51 | 887 | Tancre Dimitri | Wevelgem | m | sen | 31:28,80 | 13,15 km/u |
| 52 | 856 | Reynaert Luc | Zonnebeke | M | Vet 3 | 31:40,97 | 13,07 km/u |
| 53 | 824 | Vermander Sabine | Roeselare | V | D 2 | 31:50,03 | 13,01 km/u |
| 54 | 816 | Cleenewerck Peter | Poperinge | M | Vet 2 | 31:53,19 | 12,98 km/u |
| 55 | 838 | Desmyter Jens | Langemark | M | jun | 31:54,00 | 12,98 km/u |
| 56 | 894 | Noyez Krista | Oostnieuwkerke | v | D 3 | 32:04,37 | 12,91 km/u |
| 57 | 826 | Cottignies Dirk | Passendale | M | Vet 3 | 32:11,42 | 12,86 km/u |
| 58 | 811 | Van Insberghe Lutgard | Watou | V | D 3 | 32:14,92 | 12,84 km/u |
| 59 | 890 | Dewulf Klaas | Gijverinkhove | m | sen | 32:15,36 | 12,83 km/u |
| 60 | 822 | Seys Renaat | Langemark | M | Vet 1 | 32:17,39 | 12,82 km/u |
| 61 | 837 | Dekimpe Rudy | Boezinge | M | Vet 2 | 32:31,36 | 12,73 km/u |
| 62 | 902 | Tommeleyn Bert | Poelkapelle | m | sen | 32:33,25 | 12,72 km/u |
| 63 | 835 | Deconinck Sophie | Reningelst | V | D 2 | 32:44,64 | 12,64 km/u |
| 64 | 863 | Ryckeboer Noël | Poperinge | M | Vet 3 | 33:21,58 | 12,41 km/u |
| 65 | 891 | Strobbe Thibault | Langemark | m | sen | 33:45,58 | 12,26 km/u |
| 66 | 807 | Oplynes Saskia | Ieper | V | D 3 | 33:58,83 | 12,18 km/u |
| 67 | 806 | Loones Didier | Ieper | M | Vet 1 | 33:59,56 | 12,18 km/u |
| 68 | 831 | Depouvre Victor | Bikschote | M | jun | 34:00,67 | 12,17 km/u |
| 69 | 909 | Vanbeveren Camille | Brugge | m | Vet 3 | 34:01,30 | 12,17 km/u |
| 70 | 884 | Busschaert Luc | Poperinge | m | Vet 3 | 34:03,78 | 12,15 km/u |
| 71 | 882 | Titeca Luc | Zonnebeke | m | Vet 2 | 34:06,41 | 12,15 km/u |
| 72 | 898 | Deceuninck Edwin | Houthulst | m | Vet 3 | 34:06,94 | 12,14 km/u |
| 73 | 808 | Vandamme Stefanie | Langemark | V | D 2 | 34:40,58 | 11,94 km/u |
| 74 | 803 | Beeuwsaert Isabelle | Langemark | V | D 2 | 34:41,55 | 11,93 km/u |
| 75 | 920 | Joye Sabine | Sint Juliaan | v | D 2 | 34:50,39 | 11,88 km/u |
| 76 | 873 | Dewancker Johan | Ieper | v | D 3 | 34:50,91 | 11,88 km/u |
| 77 | 804 | Verhelst Kris | Langemark | M | Vet 1 | 34:55,08 | 11,86 km/u |
| 78 | 812 | Busschaert Joost | Zarren | M | Vet 2 | 35:06,70 | 11,79 km/u |
| 79 | 899 | Bruynsteen Koen | Langemark | m | Vet 1 | 35:15,20 | 11,74 km/u |
| 80 | 847 | Vandamme Maureen | Oostnieuwkerke | V | D 3 | 35:35,17 | 11,63 km/u |
| 81 | 849 | Verstraete Veerle | Poperinge | V | D 3 | 36:18,95 | 11,40 km/u |
| 82 | 848 | Borry Evi | Moorslede | V | D 1 | 36:36,83 | 11,31 km/u |
| 83 | 829 | Polfliet Francky | Ingelmunster | M | Vet 1 | 36:52,28 | 11,23 km/u |

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| 84 | 888 | Versaevel Ine | Poperinge | v | D 1 | 37:04,16 | 11,17 km/u |
| 85 | 919 | Malysse Bart | Lendelede | m | Vet 2 | 37:14,45 | 11,12 km/u |
| 86 | 906 | Deprez Dirk | Zonnebeke | m | Vet 2 | 37:32,59 | 11,03 km/u |
| 87 | 885 | Zoete Vanessa | Vlamertinge | v | D 2 | 37:35,03 | 11,02 km/u |
| 88 | 801 | Baert Ilse | Menen | V | D 1 | 37:40,11 | 10,99 km/u |
| 89 | 914 | Bonte Gerdy | Langemark | m | Vet 1 | 37:56,23 | 10,91 km/u |
| 90 | 862 | Vercouter Dominiek | Moorsele | M | Vet 2 | 38:13,76 | 10,83 km/u |
| 91 | 810 | Dieryck Kenny | Gent | M | sen | 38:23,33 | 10,78 km/u |
| 92 | 908 | Dewulf Vanessa | Kortemark | v | D 3 | 38:25,72 | 10,77 km/u |
| 93 | 850 | De Wispelaere Jozef | Langemark | M | Vet 3 | 39:01,20 | 10,61 km/u |
| 94 | 855 | Pype Marianne | Moorslede | V | D 3 | 39:07,61 | 10,58 km/u |
| 95 | 818 | Alleman Marie-Therese | Ieper | V | D 3 | 39:32,58 | 10,47 km/u |
| 96 | 854 | Lecointere Ghislain | Menen | M | Vet 3 | 39:48,84 | 10,40 km/u |
| 97 | 915 | Vercruysse Heidi | Langemark | v | D 3 | 39:49,84 | 10,39 km/u |
| 98 | 872 | Tancre Patrick | Komen | m | Vet 2 | 39:54,11 | 10,38 km/u |
| 99 | 859 | Vandaele Claudine | Moorsele | V | D 3 | 40:08,28 | 10,31 km/u |
| 100 | 846 | Vandebussche Davy | Langemark | M | sen | 40:17,05 | 10,28 km/u |
| 101 | 828 | Colpaert Cris | Ieper | M | Vet 2 | 41:42,94 | 9,92 km/u |
| 102 | 830 | Vancompernelle Hugo | Ardooslede | M | Vet 3 | 42:09,23 | 9,82 km/u |
| 103 | 886 | Van Acker Jean-Paul | Brugge | m | Vet 3 | 42:41,97 | 9,70 km/u |
| 104 | 832 | Craeymeersch Jozefien | Bikschote | V | D 1 | 43:51,06 | 9,44 km/u |
| 105 | 918 | Baelde Marnik | Vlamertinge | m | Vet 2 | 45:06,56 | 9,18 km/u |
| 106 | 834 | Decreus Danny | Ieper | M | Vet 2 | 49:07,00 | 8,43 km/u |
| 107 | 821 | Vandevoorde Carine | Langemark | V | D 3 | 62:07,00 | 8,43 km/u |
| 108 | 904 | Jennes Jan | Ieper | m | Vet 1 | DNF | 8,43 km/u |
| 109 | 897 | Allemeersch Klaas | Ieper | m | Vet 1 | DNF | 8,43 km/u |